



## Erasmus+ learning programme for group activities

### 1. Information about the learning mobility

Field	School Education
Activity type:	Group mobility of pupils
Mode:	Blended
Start date:	11/04/23
End date:	15/04/23
Participants' profile	<p>Students participating in this mobility are currently studying in different High Schools in Brescia, and they are aged from 14 to 18.</p> <p>All of them study English as the first foreign language and some of them study French or Spanish as second foreign languages.</p> <p>Even according to different learning programmes, all of them are enrolled in subjects such as "Digital Citizenship" and "Institution and Legality".</p>

#### 1.1. Sending organisation

Organisation name:	LICEO VERONICA GAMBARA
Address:	Via Veronica Gambara 3 - 25121 Brescia (BS) - Italy

#### 1.2. Hosting organisation

Organisation name:	Institut Salvador Espriu
Address:	Av. Folch i Torres, 4, Salt, Spain. CP: 17190

### 2. Timetable

To achieve the agreed learning outcomes, the participant will complete the following activities and tasks during their mobility activity.



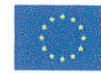
Co-funded by  
the European Union

Erasmus+ Learning agreement – Group Mobility of Pupils  
Project number: 2021-1-IT02-KA121-SCH-000012059



**SAME & DIFFERENT, PEACE & JUSTICE -MEDIAZIONE PER L'ACCOGLIENZA**  
(2021-1-IT02-KA121-SCH-000012059)

Group of students' mobility (10th to 15th April 2023)



Co-funded by  
the European Union

Host school: IES Salvador Espriu, Salt, Spain

Guest schools: Liceo Veronica Gambara, Brescia, Italy

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:15 - 09:15		WELCOME RECEPTION	BARCELONA:	YOGA WORKSHOP	SALT'S CITY HALL RECEPTION
09:15 - 10:15					
10:15 - 11:15					
11:15 - 11:55					
11:55 - 12:55		eTwinning PHILOSOPHY		LITERARY CREATION (SP)	MATHS CLIL
12:55 - 13:55		ENGLISH			
13:55 - 14:55		LITERARY CREATION (SP)	BARCELONA:	eTwinning PHILOSOPHY	CITIZENSHIP, POLITICS AND LAW (MULTILINGUAL)
		LUNCH TIME	MUSEUM TOUR	LUNCH TIME	LUNCH TIME
16:00			MONTJUÏC		
	ARRIVAL	EMPÚRIES/ BESALÚ / BANYOLES		FAREWELL DINNER & PARTY	GIRONA:
					GUIDED TOUR
20:30		TEACHER'S DINNER			

	yellow: school activities			
	Coloured: cultural activities			

### 3. Learning programme

<b>Activity 1: Welcome reception</b>	
Learning methods:	All the students who have participated in the mobilities will join in the library and have breakfast. Students will then move to the playground and distributed in groups to carry out some group dynamics.
Learning outcomes:	Students will develop their personal and social competences as they: Get to know each student. Create an atmosphere of confidence and trust to carry out the week's program successfully.

<b>Activities 2 and 8: eTwinning Philosophy</b>	
Learning methods:	The activity consists in introducing the theoretical concepts of sociability, peace, justice, etc. So that the subsequent debate is consistent. We'll use eTwinning to share knowledge and to collect the learning experience. It will be done from a philosophical, psychological and ethical perspective.



	<p>You will work with the Kialo-edu application, which allows us to draw up "theses on an issue", or also choose "pros or cons related to an inspiring sentence".</p> <p>We can also apply to a "Forum" the method of the "Debate League" (Network of Universities of Catalonia).</p>
Learning outcomes:	<p>The method of "reasoned debate" promotes critical thinking and careful consideration of the opinions of others. It is also intended to broaden the perspective on what justice is or how to achieve permanent and global peace.</p> <p>As students continue to use eTwinning, they develop their digital competence.</p>

### Activity 3: English

	<p><i>Why aren't there more women in tech?</i></p> <p>This project aims to raise awareness of the lack of women in technology through in-group activities, and aims at empowering both women and men to advocate for change.</p>
Learning methods:	<ul style="list-style-type: none"> <li>● Icebreaker: start the session with an icebreaker activity to get everyone comfortable and familiar with each other. This could be a round of introductions.</li> <li>● Introduction to the topic: provide an overview of the current state of women in technology.</li> <li>● Small group formation: form small groups to talk about the lack of women in the technology field and to compare the three countries.</li> <li>● Brainstorming.</li> <li>● Discussion: discuss the challenges faced by women in the field and why.</li> </ul>
Learning outcomes:	<ul style="list-style-type: none"> <li>● Raise students' awareness: the in-group activity will help raise awareness about the lack of women in the technology field and the challenges they have to face nowadays.</li> <li>● Skill building: by organising and executing the activity, the students will build new skills such as project management, group-work and public speaking.</li> <li>● Empowerment: by working together, female students will feel empowered and motivated to continue advocating for women in technology.</li> </ul>

### Activities 4 and 7: Literary creation: Tales of peace

Learning methods:	<p>Students from France, Italy and Spain will work on collaborative groups of native speakers, Spanish learners and students who do not speak Spanish.</p> <p>Students will work on tales about peace in Spanish and will have to mediate to explain the tales to the students who do not speak Spanish.</p>
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Learning outcomes:	Students will work on their communicative and multilingual competence as they have: To understand the global meaning of a literary text. To mediate among different languages to transfer the information effectively.
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<b>Activity 5: Barcelona</b>	
Learning methods:	Students who have participated in the mobilities will travel to Barcelona and visit the Museu Etnologic i de Cultures del Món where they will enjoy a guided visit in English. Students will also walk around Barcelona and enjoy a picnic at the Born neighbourhood.
Learning outcomes:	Students will develop their citizen competence as they will learn more about other cultures and the role of people in society. Students will develop their multilingual competence as they will need to communicate in a foreign language with their group mates as well as during the guided visit. Students will develop their personal and social competence when spending some free time with their international peers.

<b>Activity 6: Yoga and Pilates workshop</b>	
Learning methods:	<p>Adolescence is a vibrant time of life and embracing this source of energy is the best way to introduce yoga to youth</p> <p>Yoga &amp; Pilates practice prepare students physically and mentally so that they can become healthier, saner and happier.</p> <p>The Curriculum is structured, developing the follow activities:</p> <ul style="list-style-type: none"> <li>. Workshop presentation: Yoga &amp; Pilates Introduction</li> <li>. Warm up to start working and create an appropriate ambiance</li> <li>. Pilates series to approach students this methodology</li> <li>. Breathing exercises practice (Pranayama)</li> <li>. Yoga poses (Asana). From basics to more challenging ones. We're going to do individual and two-by-two poses as well.</li> <li>. Mindfulness and Relaxation techniques</li> </ul>



<b>Learning outcomes:</b>	<p>By shifting all these activities to fit the current needs of the group, instructors can model how yoga and Pilates practices can be used</p> <ul style="list-style-type: none"> <li>. Students learn that these ones are not competitive disciplines. They are collaborative ones.</li> <li>. The performance is in a group, boosting participants' relationships; however, everyone has to be aware of himself and respect the other members' boundaries. Every student could do the same activity but in different way</li> <li>. This workshop aims to:             <ul style="list-style-type: none"> <li>-enhance physical strength and flexibility</li> <li>- improve self-confidence and self-regulation</li> <li>-focus on body control and awareness</li> <li>-calm down and achieve mental clarity and balance</li> </ul> </li> <li>-Introduce values as peace, kindness, discipline, growth, tolerance and equality</li> </ul>
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<b>Activity 9: Salt’s city hall reception</b>	
Learning methods:	Students who have participated in the mobilities will be able to meet Salt’s major and the city hall.
Learning outcomes:	Students will be able to develop their citizenship competence and learn more about the institutions in Salt, Catalonia and Spain.

<b>Activity 10: Maths (CLIL)</b>	
Learning methods:	Students will reflect on their learning process during their mobilities by doing a self-evaluation form and analysing the results using statistics. Students will be able to compare the results of different groups of students according to their nationalities, if they have hosted, if they have been hosted, their gender, etc.
Learning outcomes:	Students will develop their Maths competence as they will have to represent and explain their self-evaluations with graphics.



	Students will also work on their personal, social and learning to learn competence as they will need to reflect on their own learning process and, later, compare it with that of the rest of the group.
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<b>Activity 11: French / English / Citizenship, Policy and Law</b>	
Learning methods:	<p>All the students from 1st Batxillerato will participate in this activity along with European students. Those students for Institut Salvador Espriu who take "French" and "Citizenship, Policy and Law" subjects will take a leading role in this activity. Regardless of the classroom, all students will do the same activity.</p> <p>The activity will be done with different work groups (one student from each school).</p> <p>Each group will choose a Human Right. The students will make a description of the Human Right in French, Italian, Spanish and/or English. Students will have to cite an ONG from each country that works on this Human Right work. With the computer program "Canva", the students will make a poster.</p> <p>All the posters made will hang at the Infopoint in the hall of the centre.</p>
Learning outcomes:	<ol style="list-style-type: none"> <li>1. Research and in-depth study on human rights.</li> <li>2. Collaborative written and oral presentation in different European languages about NGOs that deal with these human rights.</li> <li>3. Share and show the work at the school's European infopoint</li> </ol>

<b>Activity 12: Girona's guided tour</b>	
Learning methods:	Spanish students will prepare a guided visit around Girona city, with the help of Spanish teachers.
Learning outcomes:	Students will be able to develop their communicative and multilingual competences and learn more about the history of Girona.

#### 4. Accompanying persons

The following person(s) will accompany the participants and guide the learning activities:

Full name:	Laura Foglio
Position or qualification:	French Teacher
Email:	laura.foglio.81@gmail.com
Phone number(s):	+39 324 5303627
Responsibilities:	Accompanying students and helping them throughout the learning activities.



## 5. Signatures

The signatories confirm that the information in this document is correct and complete.

For sending organisation	
Full name:	Patrizia Schiffo
Position:	Headmaster
Date and place:	Brescia,
Signature:	

For hosting organisation	
Full name:	Xavier Serra Besalú
Position:	Headmaster
Date and place:	Salt,
Signature:	40296546V Firmado digitalmente por 40296546V FRANCESC XAVIER SERRA (R: Q6755004F) Fecha: 2023.03.15 16:07:19 +01'00'

## Participants list

### Participants

#	Full name	Organisation
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1	Alessia Crucitti	Liceo Gambarà
2	Vittoria Moretto	Liceo Gambarà
3	Sara Pelizzari	Liceo Leonardo
4	Annachiara Tanghetti	Liceo Leonardo
5	Jessica Gentile	Liceo Leonardo
6	Matteo Colombi	Istituto Beretta
7	Gabriele Bontacchio	Istituto Beretta
8	Tommaso Cinini	Istituto Beretta
9	Simone Boldini	Istituto Beretta

### Accompanying persons

#	Full name	Organisation
1	Laura Foglio	Liceo "F. De André"

### Signatures

The signatories confirm that the participants list is correct and complete.

For sending organisation	
Full name:	Patrizia Schiffo
Position:	Headmaster
Date and place:	Brescia, 23/3/23
Signature:	Il Dirigente Scolastico (Prof.ssa Patrizia Schiffo)

For hosting organisation	
Full name:	Xavier Serra Besalú
Position:	Headmaster
Date and place:	Salt,
Signature:	40296546V Firmado digitalmente FRANCESC por 40296546V FRANCESC XAVIER XAVIER SERRA SERRA (R: Q6755004F) (R: Q6755004F) Fecha: 2023.03.15 16:05:11 +01'00'